

# Team Dynamics

Good teamwork is about relationships It's about each team member understanding their role and contribution to the group and feeling valued for the part they play in helping the team to succeed. When relationships are respectful, valuing and positive – the sky's the limit! The DISCOVERY Team Dynamics programme helps team members gain a unique insight into who they are and who their team members are. It examines individual style, team culture and the various inter-relationships between group members

**Who For:**

This is a transformational, high energy and fun learning experience for teams (new or established) project groups or task forces

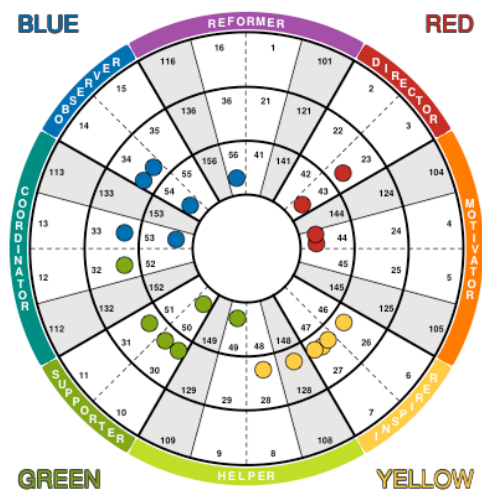
**Duration**

1 Day Workshop

**Content Overview**

At the heart of the programme is the Insights DISCOVERY framework

- The Power of Perception
- The Four Colour Energies in a team context
- Jung's Preferences
- Insights DISCOVERY Wheel and PERSONAL PROFILES
- Exploration of individual contribution and value to the team
- Disclosure of preferred communication strategies
- Review of team DISCOVERY wheel and implications for group objectives



Uses a simple and memorable model to aid individual and group understanding

Enables the team members to quickly understand their strengths and challenges

Creates a positive, non-threatening environment for discussing differences, challenges and resolving conflict

Reinforces the message that all have a positive part to play in achieving team objectives

Structured to enable participants to take immediate individual and team action

All Si programmes are facilitated by professional and experienced trainers with a substantive record of working with blue-chip organisations. Si also utilize professional support associates in areas requiring specialist skills e.g psychologists, sector experts, counselors and group coaches.